



RESULTS WITH SPLITS



400m Freestyle - Women

Heat

Cordenons, Sunday 01/03/2026 - 17:53
Cron: A - Base v.: 25

Pos	Surname - Name Team	Year	50m	100m	150m	200m	250m	300m	350m	Final Points
1	LAMESTA GIADA RN ADRIA MONFALCONE	2007 ITA	31.55	01:05.95 34.40	01:40.52 34.57	02:15.09 34.57	02:49.28 34.19	03:23.00 33.72	03:56.92 33.92	04:30.12 33.20
2	PORTASE SOPHIA IOANA GYMNASIUM PORDENONE	2013 ITA	31.91	01:06.16 34.25	01:40.52 34.36	02:14.89 34.37	02:50.08 35.19	03:25.09 35.01	03:59.50 34.41	04:32.17 32.67
3	ONGARO ALYSSA RANAZZURRA CONEGLIANO SSD	2009 ITA	31.09	01:05.88 34.79	01:40.87 34.99	02:15.86 34.99	02:50.63 34.77	03:25.34 34.71	04:00.08 34.74	04:32.65 32.57
4	ZANATTA ADELE CENTRO NUOTO LE BANDIE	2006 ITA	31.24	01:05.99 34.75	01:40.83 34.84	02:15.70 34.87	02:50.93 35.23	03:25.43 34.50	04:00.27 34.84	04:33.54 32.27
5	TADDIO KRISTEL RN ADRIA MONFALCONE	2012 ITA	32.34	01:07.07 34.73	01:42.33 35.26	02:17.44 35.11	02:52.56 35.12	03:27.15 34.59	04:01.33 34.18	04:33.99 32.66
6	PADUANI ALICE RN ADRIA MONFALCONE	2012 ITA	31.42	01:06.45 35.03	01:41.65 35.20	02:16.88 35.23	02:52.03 35.15	03:26.78 34.75	04:01.49 34.71	04:34.90 33.41
7	DAL MAS MATILDE RANAZZURRA CONEGLIANO SSD	2007 ITA	30.99	01:05.71 34.72	01:40.93 35.22	02:16.46 35.53	02:51.83 35.37	03:27.14 35.31	04:01.92 34.78	04:35.39 33.47
8	IVESSA LAURA SPORTIVAMENTE BELLUNO SSC	2013 ITA	32.03	01:07.66 35.63	01:44.09 36.43	02:19.37 35.28	02:55.42 36.05	03:31.03 35.61	04:06.63 35.60	04:39.94 33.31
9	CESCON ADELE NOTTOLI NUOTO 74 SSD SRL	2012 ITA	32.21	01:07.77 35.56	01:44.21 36.44	02:19.50 35.29	02:56.30 36.80	03:32.42 36.12	04:08.48 36.06	04:42.30 33.82
10	SANTIN CAMILLA ARCA TEAM ASD	2008 ITA	31.69	01:07.06 35.37	01:42.75 35.69	02:18.52 35.77	02:54.99 36.47	03:31.86 36.87	04:08.80 36.94	04:44.93 36.13
11	BELTRAME VALENTINA ORIZZONTI S.S.D. A R.L.	2011 ITA	31.99	01:08.15 36.16	01:45.02 36.87	02:21.91 36.89	02:59.55 37.64	03:38.06 38.51	04:16.62 38.56	04:54.28 37.66
12	RAGNI REBECCA UISP NUOTO CORDENONS	2009 ITA	34.02	01:11.33 37.31	01:48.32 36.99	02:25.47 37.15	03:02.60 37.13	03:40.13 37.53	04:17.69 37.56	04:54.86 37.17
13	BIASINI CLARA RANAZZURRA CONEGLIANO SSD	2012 ITA	33.82	01:11.76 37.94	01:50.67 38.91	02:30.77 40.10	03:10.84 40.07	03:50.65 39.81	04:30.91 40.26	05:09.87 38.96
14	BORTOLIN VERONICA ARCA TEAM ASD	2011 ITA	34.03	01:11.71 37.68	01:51.06 39.35	02:31.33 40.27	03:11.68 40.35	03:52.51 40.83	04:33.27 40.76	05:12.64 39.37
15	HUQI KLEA UISP NUOTO CORDENONS	2011 ITA	35.31	01:14.26 38.95	01:54.49 40.23	02:35.53 41.04	03:16.70 41.17	03:58.51 41.81	04:40.03 41.52	05:20.86 40.83